## monkey lover's shake



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You don't have to monkey around with lots of ingredients to blend together this cool beverage. It's smooth, creamy and gets its appealing tropical taste from bananas and orange juice concentrate.

PREP/TOTAL TIME: 10 MIN. YIELD: 4 SERVINGS

1-1/4 cups milk

2 medium ripe bananas, sliced 1/4 inch thick and frozen

2 cups vanilla ice cream

1/3 cup orange juice concentrate

2 to 3 tablespoons sugar

2 to 3 drops yellow food coloring, optional

In a blender, combine all ingredients. Cover and process for 45 seconds or until smooth. Stir if necessary. Pour into glasses and serve.



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