

fruit kabobs with dip



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Many families celebrate Labor Day with their last picnic of the summer. You can add to the fun by making these easy kabobs from LaChelle Olivet of Pace, Florida. The creamy dip has a yummy, sweet banana flavor.

PREP/TOTAL TIME: 15 MIN. YIELD: 12 SERVINGS

Assorted fruit--green grapes, watermelon balls, cantaloupe balls and strawberry halves
1 cup (8 ounces) plain yogurt
1/2 medium ripe banana
4 teaspoons honey
1/8 teaspoon ground cinnamon

Thread fruit alternately onto skewers. In a blender, combine the remaining ingredients; cover and process until smooth. Serve with kabobs.

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